

Daily Routine (one key)

- **Connect all 7 Scale Clusters**
- **Dominant 7th Arpeggios** in all 7 positions
- **Connect the 5 Pentatonic Clusters** up and down
- **Connect the 2 Diminished Clusters** up and down
- **Connect the Whole Tone Scale** up and down
- **Seconds:** 5 sets - 2 adjacent strings (Root = **top**)
- **Thirds:** 5 sets - 2 adjacent strings (Root = **bottom**)
- **Forths:** 5 sets - 2 adjacent strings (Root = **top**)
- **Fifths:** 5 sets - 2 adjacent strings (Root = **bottom**)
- **Sixths:** 4 sets - "every other" string (Root = **top**)
- **Sevenths:** 4 sets - "every other" string (Root = **top**)
- **Octaves:** 4 sets - "every other" string (Root = **both**)
- **Ninths:** 3 sets – skip two strings (Root = **bottom**)
- **Tenths:** 3 sets – skip two strings (Root = **top**)
- **Triads**, with underlying scales from Root Triad
- **Chandelier cascades** - descending, top notes held
- **Descending two octave scales** in all 7 positions
(From 1st string down to 5th string, then 2nd string down 6th string)